



Get students unplugged with these screen-free books!

Trying to promote screen-free time to your students? Here's a list of books available at the library for them to read alone or together with their family. Encourage your students to make it a priority to enjoy screen-free time every day. Need more ideas? Download our "2 Screen Time Handout" at GoNebraskaKids.org.


- **The City of Ember** *Jeanne DuPrau*
- **100 Cupboards** *N.D. Wilson*
- **The Phantom Tollbooth** *Norton Juster*
- **Bud Not Buddy** *Christopher Paul Curtis*
- **Moon Over Manifest** *Clare Vanderpool*
- **Chomp** *Carl Hiaasen*
- **Holes** *Louis Sachar*
- **When You Reach Me** *Rebecca Stead*
- **Penny from Heaven** *Jennifer L. Holm*
- **The Emerald Atlas** *John Stephens*
- **The Penderwicks** *Jeanne Birdsall*
- **Wonder** *R.J. Palacio*
- **Swimmy** *Leo Lionni*
- **Wild About Books** *Judy Sierra*
- **Hide & Seek II** *Sung Na*
- **Rocket Writes a Story** *Tad Hills*
- **The Wretched Stone** *Chris Van Allsburg*
- **Clever Jack Takes the Cake** *Candace Flemming*
- **How to Babysit a Grandma** *Jean Reagan*
- **Ballpark Mysteries #1 The Fenway Foul-Up** *David A. Kelly*
- **Everyone Can Learn to Ride a Bicycle** *Chris Raschka*
- **When Charlie McButton Lost Power** *Suzanne Collins*
- **Unplugged: Ella Gets her Family Back** *Laura Pedersen*
- **Alvin Ho: Allergic to Girls, School, and Other Scary Things** *Lenore Look*
- **Return of the Library Dragon** *Carmen Agra Deedy*
- **Magic Tree House: Dinosaurs Before Dark** *Mary Pope Osborne*
- **Never Girls #1: In a Blink (Disney Fairies)** *Kiki Thorpe*
- **Lunch Lady and the Cyborg Substitute** *Jarrett J. Krosoczka*
- **Babymouse #1: Queen of the World!** *Jennifer L. Holm and Matt Holm*
- **Soupy Saturdays with the Pain and the Great One** *Judy Blume*
- **Oh, No!** *Candace Fleming*
- **A Ball for Daisy** *Chris Raschka*
- **Dog Loves Books** *Louise Yates*
- **A Kitten Tale** *Eric Rohmann*
- **Duck & Goose, Goose Needs Hug** *Tad Hills*
- **Bluebird** *Bob Staake*
- **A Gift for Mama** *Linda Ravin Lodding*
- **Sparky!** *Jenny Offill*
- **Doug Unplugged** *Dan Yaccarino*
- **Chloe** *Peter McCarty*
- **Blackout** *John Rocco*
- **Press Here** *Herve Tullet*
- **I'm Bored** *Michael Ian Black*
- **A Few Blocks** *Cybele Young*
- **Hello! Hello!** *Matthew Cordell*
- **Penny Lee and Her TV** *Glenn McCoy*
- **Ten Tiny Things** *Meg McKinlay*




5 servings of fruits and vegetables




4 servings of water




3 servings of low-fat dairy



2 hours or less of screen time



1 or more hours of physical activity



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